

# Great Wood Keeping In Touch Summer Term 5

## Hello From Great Wood

Welcome to this week's newsletter. This week we have opened our doors to additional children from the target year groups, Reception, Year 1 and Year 6 as well as our key worker and vulnerable children. It has been fantastic to see their smiling faces and we have loved hearing about what they have been up to!

We would like to thank all of our parents who have been keeping up with our schedule times and helping the day run smoothly. Lesley and Jan have done a brilliant job providing lunches for our children and also our cleaners for keeping us clean. As a school family we will follow guidance and move forward together in the unusual times.

## We celebrate our artists!

We are extremely happy to announce the winners of our 'Stay at Home' poster competition. We have had some amazing entries and would like to send a special thank you to all our budding artists. It has been a very close competition and has been very difficult to judge. Here are our fantastic winning posters;



Our reception winner is Jacob Boot, with his military style poster, commanding us to stay at home. Brilliant work, well done Jacob.

Our KS1 winner is a joint creation from Evie Barnett and her brother Thomas Lawrence, who produced a massive poster, which demanded attention and conveyed the stay at home message very effectively. Well done both of you, great team- work.



Our runner up for KS1 is Katy-Hope Byrne, with a very strong and pretty message on her Union Jack poster, well done.

Our KS2 winner is an amazing creation from Hope Hargreaves, Hope's poster truly embodies the message that we asked you to send. There is terrific artwork in Hope's poster and a lot of thought behind the message that she is sending. Fantastic work, Hope, well done.



Our runner up for KS2 is another member, of what is obviously a very creative family, well done Amber Hargreaves. Amber's poster sends a clear stay at home message, celebrates our amazing NHS and conveys hope for the future. Great work, Amber well done!

Once again, we want to thank all our entrants, you have all done a fabulous job and you can be very proud of your creations. We are very proud of you all.

### Free School Meals

If your circumstances have changed during these difficult times - FREE school meals are available for some families, which meet specific criteria. The online checking service is a faster way of applying for free school meals, which gives you an instant yes, or no answer as to your entitlement. The link can be found on the website at [www.staffordshire.gov.uk/freeschoolmeals](http://www.staffordshire.gov.uk/freeschoolmeals).

Please contact us at [office@greatwood.staffs.sc.uk](mailto:office@greatwood.staffs.sc.uk) if you qualify and we will be able to help with food equivalent to a packed lunch at school.



Pupils in school week commencing 8th June will have the following menu available from Lesley...

Monday	Pizza, Chips & Beans Ice cream
Tuesday	Sandwich Bags
Wednesday	Pasta Meatballs and Tomato Sauce
Thursday	Sandwich Bags
Friday	Fish Fingers & Chips Ice Cream



### Poetry Competition

This week we have a literacy challenge for you. We want you to write us a lockdown poem. Your poem can be funny, it can tell us about what you have been doing, what new things you have learnt, about the walks that you have been on, or just about how you feel. Remember your adjectives, adverbs and noun phrases and use your literacy skills to wow us! Your poem doesn't have to be long, or complicated, it doesn't even have to rhyme, so have a go and see what you can write. Reception you can have help with your spellings, or you can draw your poem and an adult can label it for you.

We will be awarding prizes for the best poems. There will be a Reception prize, a KS1 prize and a KS2 prize. Get your thinking caps on, pick up your pens and get writing!

Please send your entries to school at [office@greatwood.staffs.sch.uk](mailto:office@greatwood.staffs.sch.uk) by 12th June.



### Great Wood Art Challenge



Our second activity this week is designed to bring out the artist in you. We would like you to design a summer collage, or picture. It can be of anything that means summer to you, maybe a beach scene, playing in the paddling pool, a summer walk, or even just enjoying an ice cream, it is up to you.

Please create your collage or picture and send it to school at [office@greatwood.staffs.sch.uk](mailto:office@greatwood.staffs.sch.uk) by 12th June and you might find your work of art in the newsletter, or on the website.

Break out your paints, pens, pencils, craft items and let your imaginations run wild! We can't wait to see your designs.





# HOW TO BEST PROTECT YOURSELF FROM THE NEW CORONAVIRUS INFECTION (COVID-19)



## Wash your hands frequently!

Use **thoroughly water and soap** or disinfect your hands using an **alcohol-based rub**, even if they don't seem dirty to you. Wash your hands **before** every meal or snack or whenever you **touch an object** that others have touched before (like the doorknob). The soap and disinfectants **kill the viruses** that makes us ill and who are **invisible**.



## Protect those around you! Cover your nose and mouth when you sneeze or cough!

Sneeze and cough **in the inside of your elbow** or in a **paper napkin** and throw it immediately in a bin with a cover, then **wash your hands**.



## Don't touch your face if you haven't washed or disinfected your hands!!

The virus can get inside the body **through the eyes, nose or mouth**, so it's important **not to touch your face** unless your hands are proper **clean and sanitized**.



## Keep the distance from people who show cold symptoms!

Keep **at least a meter away** from people who sneeze, cough or are having a runny nose. When someone coughs or sneezes, **saliva droplets, which contain the virus**, can touch those around and can pass them the disease.



## If you don't feel well, tell the ones who can help you!

Are you feeling **feverish** or sense that something is not right with your state of health? Do you have a **sore throat**, you are **coughing** or have **difficulty breathing**? Tell this immediately to those who can help you: **teachers, parents** or school **medical personnel**.

NSPCC

# For some children, school was a refuge.

## Worried about a young person in a domestic abuse situation right now?

National Domestic Abuse Helpline  
0808 2000 247

NSPCC Helpline  
0808 800 5000

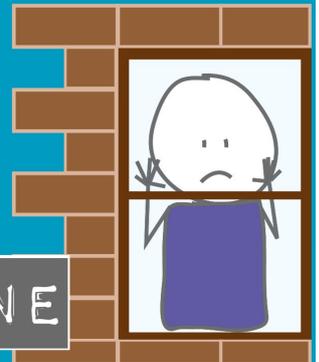
In an emergency call  
999



# Domestic abuse can affect anyone and takes many forms

**Limited contact** with the outside world may cause an increase in **domestic abuse**. **Help is available.**

YOU ARE NOT ALONE



# 0808 2000 247

#SafetyInANumber

**We love seeing what you have been up to during isolation, keep sending us your pictures!**

**Josie Year 2** - Jose has really enjoyed learning this week. She has made her own 3D shapes, completed a bug watch and sunflower experiment and learnt how to make graphs on the computer! She has enjoyed instruction writing in literacy, writing our own instructions and following them to make magic potions, cardboard spinners and jam tarts!!  
 Josie has also been out for some lovely walks had the paddling pool out and been for a bike ride!



**Martha Year 1** - Martha's has had lots of adventures, potting on the sunflowers, using hair chalk. She has baked flapjacks and has built a 'den' in her living room to sleep in!



**Katy-Hope Year 1** -

Has built a fantastic Nurse Scarecrow for her village competition, isn't she fantastic!



**Lacey Year 2** - Has been enjoying crafts at home and walking by the river.,



**Ava Year 1** - Ava has been exploring small world animals and has also enjoyed mark making with chalk onto the slabs, drawing her own rainbow and nurses and hop scotch.



**Isabela Year 1** - This week Isabela received a letter from her first ever Pen Pal, she was so excited! She has also been learning Boxing with her mum and celebrating the wedding of Goat and Giraffe!



**Heidi Reception** - Heidi has enjoyed Discovering about germs and how germs spread. She has learnt that when you shake hands, germs can exchange hands so we must wash them! She did the bowl of pepper experiment to show how the pepper representing germs spread from her mums hand to her hand! Heidi loved this experiment!



**Ernie Year 5** - Ernie has enjoyed a visit to McMums and having an evening at the virtual Capital Summertime Ball. He had great fun with glow sticks and an ice cream delivery to his door.



**Josie Year 2** - Josie has been discovering about Sea Turtles. She has learnt about the different types of Sea Turtles, where they live, what they eat, their life cycle and about endangered Sea Turtles. Josie decided she wanted to help and go on a litter pick so we went out around the village the other day with some bbq tongs and filled a bag with rubbish.



**Thank you to everyone who took part in our Baking challenge!**



Leilas new Zealand kiwi and strawberry pavlova (with homemade meringue!)



Katy-Hope made Unicorn cookies.



Jack making Choc-Chip cookies.

Hope has been busy baking with mum, she has made Rocky Road, Banana bread, scones, lemon meringue cupcakes and blueberry tea bread.



Marth has been baking bread.

## Families' Health and Wellbeing (0-19) service

*Building stronger, healthier communities*



### Families Health and Wellbeing Newsletter- May 2020

Well, things have changed a lot since we were last in touch with you all. We understand that the last few months have been difficult and it has impacted everyone in different ways. Our thoughts are with everyone who has been directly affected by coronavirus.

As well as the concern around the pandemic, we understand that children and families may be struggling in other ways and we want to ensure that families know that we are still here and that we can still support them. Please see the sunshine image below which highlights some of the different ways that we can support families.



We support families with children from newborn up to 19 years of age. We have school nurses, health visitors and nursery nurses who are based throughout the county. We can give information and help to families on topics such as: toilet training, bed wetting, emotional health and wellbeing, behaviour, poor sleep, breastfeeding, weaning, immunisations and healthy nutrition and so much more. Please can you help us to support families by sharing the many ways that they can contact our service? Due to the coronavirus and following current national guidance, we are not routinely visiting families at home. We continue to offer support to families through appointed clinics, our hubs, telephone contacts or through virtual clinics. We will still offer targeted face to face contacts where we have assessed that there is a need.

Families can get in touch with us via the various means below.



### **TELEPHONE:**

We have two 0-19 hubs where families can call in for any advice or information on health and wellbeing. These are open Monday –Friday from 9am-5pm.

Families in the Moorlands, Newcastle, Stafford and Seisdon districts can call **0300 303 3923**.



### **CHAT HEALTH TEXT SERVICE:**

Parents can text the service for advice by texting **07520 625722**

Children who are over 11 years old can text for advice on **07520 615721**

### **SOCIAL MEDIA**

We have various social media platforms on Facebook, Twitter and Instagram. Families cannot contact these platforms for advice, however we share important public health and service information through these platforms.



### **FACEBOOK**

Each district has their own facebook page. These are:

Burton and Uttoxeter Families Health and Wellbeing Service 0-19

Cannock and Rugeley Families Health and Wellbeing Service

Lichfield Families Health and Wellbeing Service 0-19

Newcastle Families Health and Wellbeing Service 0-19

Seisdon Families Health and Wellbeing Service 0-19

Tamworth Families health & wellbeing service 0-19



### **INSTAGRAM**

**Fhws\_0\_19:** Information shared for all children and families

**Staffs\_school\_nurse:** Information shared more specifically for school aged children



### **TWITTER**

A range of information for families and for professionals alike **@fhws0**

Over the coming weeks we will be sharing more information about the key public health concerns that have been identified recently and how families and children can look after themselves during the current pandemic. If families feel that they need support currently, then please advise them to contact the hub on the numbers above.

In the meantime, take care and keep safe.

Best wishes,

Families Health and Wellbeing Service.