

WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY FAVOURITES...

Packed Lunch

Jacket Potato
with a choice of fillings

Packed Lunch

Jacket Potato
with a choice of fillings

Packed Lunch

Jacket Potato
with a choice of fillings

Packed Lunch

Jacket Potato
with a choice of fillings

Packed Lunch

Jacket Potato
with salmon mayo

Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

HOT SPECIALS...

Cheese and Tomato Pizza
with Dough Balls

Cheesy tomato topped pizza slice

Vegetarian Wrap

A soft wrap filled with lightly spiced veggies and rice

Chicken Burger
with Potato Wedges

Roast chicken served in a soft bun with lettuce and mayo

Mac 'N' Cheese

Traditional Mac 'n' Cheese – delicious macaroni in a creamy cheese sauce

Roast Turkey
with Roast Potatoes and Gravy

Succulent roast turkey with fluffy roasties and tasty gravy

Roast Quorn
with Roast Potatoes and Gravy

A traditional Quorn roast with fluffy roasties and tasty gravy

Pasta Bolognese

A classic Italian beef bolognese in a yummy tomato sauce

Hot Dog
with Potato Wedges

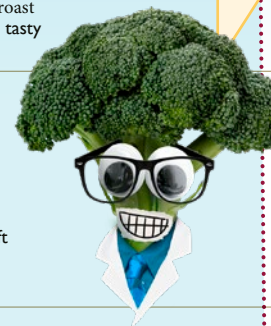
Our favourite veggie hotdog served in a soft sub roll

Golden Fish Fingers
and Chips

Crispy fish fingers and scrummy chips

Quorn Nuggets
and Chips

Crispy Quorn nuggets and scrummy chips



Available every day!

Cool water

Salad

Freshly baked bread

Yoghurt and milk

Fresh fruit

Fresh Carrots and Peas

Sweetcorn and Fresh Broccoli

Fresh Carrots and Fresh Cabbage

Fresh Broccoli and Sweetcorn

Baked Beans Fresh Carrots and Peas

PICK A PUD!

Secret Brownie
with Fruit Slices

Orange and Carrot Cake

Banana Flapjack

Apple and Berry Crumble
with Custard

Raspberry Ripple Ice Cream
with Fruit Slices

PACKED LUNCH...

Ham or Cheese Sandwich or Baguette or Daily Special Wrap
with Veg Sticks and Fresh Fruit or Dessert of the Day

WEEKS COMMENCING;
09/11, 30/11, 04/01,
25/01, 22/02, 15/03

Look out for these symbols for our super healthy dishes: Vegetarian

Fruity! Wholegrain Oily fish

Allergy? Speak to our kitchen for help



WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY FAVOURITES...


Packed Lunch


Packed Lunch

Packed Lunch


Packed Lunch

Packed Lunch

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings 

Try something different!


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HOT SPECIALS...

Vegetable Supreme Pizza
with Dough Balls 
Cheesy tomato topped pizza slice

Sausage and Mash with Gravy 
Fluffy mashed potato with veggie sausages and rich gravy

Chicken Tikka Masala
with Rice 
Succulent chicken in a mild curry sauce

Mac 'N' Cheese 
Traditional Mac 'n' Cheese – delicious macaroni in a creamy cheese sauce

Roast Gammon
with Roast Potatoes and Gravy
Crispy roast gammon with fluffy roasties and tasty gravy

Pastry Slice 
with Roast Potatoes and Gravy
Butternut squash and potatoes wrapped in flaky pastry

Cottage Pie
A classic British dish made with beef mince and topped with mashed potato

Vegetarian Style Meatballs in Tomato Sauce with Pasta 
Vegetarian meatballs in a tomato sauce with pasta

Southern Fried Chicken Bites and Chips
Lightly seasoned crispy chicken strips and scrummy chips

Soft Taco and Chips 
A soft taco shell filled with a yummy veggie tomato chilli

Available every day!

Cool water

Salad

Freshly baked bread

Yoghurt and milk

Fresh fruit

SIDES...
Sweetcorn and Fresh Broccoli

Fresh Cauliflower and Peas

Fresh Cabbage and Fresh Carrots

Sweetcorn and Fresh Broccoli

Baked Beans Fresh Carrots and Peas

PICK A PUD!

 **Creamy Peach Rice Pudding**
with Fruit Slices

 **Apple and Carrot Yoghurt Muffin**

 **Oatie Biscuit**
with Fruit Slices

 **Chocolate Cake**
with Fruit Slices

 **Strawberry Ice Cream**
with Fruit Slices

PACKED LUNCH...

Ham or Cheese Sandwich or Baguette or Daily Special Wrap
with Veg Sticks and Fresh Fruit or Dessert of the Day

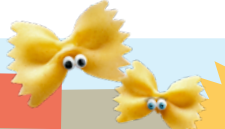
WEEKS COMMENCING;
16/11, 07/12, 11/01,
01/02, 01/03, 22/03

Look out for these symbols for our super healthy dishes:

 Fruity!  Wholegrain  Vegetarian

 Oily fish

Allergy? Speak to our kitchen for help



WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY

DAILY FAVOURITES...

Packed Lunch

Jacket Potato
with a choice of fillings 


Packed Lunch

Jacket Potato
with a choice of fillings 

Packed Lunch

Jacket Potato
with a choice of fillings 

Packed Lunch

Jacket Potato
with a choice of fillings 



Packed Lunch

Jacket Potato
with a choice of fillings 

Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls  



Cheesy tomato topped pizza slice

Chinese Veggie Noodles with Stir Fried Vegetables 

Fragrant egg noodles with stir fried vegetables

Sausage and Mash with Gravy


Fluffy mashed potato with pork sausages and rich gravy

Quorn Bolognese  

Penne pasta in a yummy tomato and Quorn sauce

Roast Chicken with Roast Potatoes and Gravy

Moist roast chicken with fluffy roasties and tasty gravy

Roast Quorn with Roast Potatoes and Gravy 

A traditional Quorn roast with fluffy roasties and tasty gravy

Favourite Beef Lasagne  with a **Garlic & Herb Bread Wedge**

A classic Italian beef lasagne baked in a creamy cheese sauce

Mild Bean Chilli with a Rice side

  Super yummy mildly spiced vegetable chilli

Golden Fish Fingers and Chips

Crispy Fish Fingers and scrummy chips

The Incredible Burger 

A delicious Southern style vegetable burger and scrummy chips

Available every day!

Cool water Salad

Freshly baked bread
Yoghurt and milk
Fresh fruit



SIDES...

Sweetcorn and Fresh Broccoli

Peas and Fresh Carrots

Fresh Carrots and Fresh Cabbage

Sweetcorn and Fresh Broccoli

Baked Beans
Fresh Carrots and Peas

PICK A PUD!

 **Raspberry Yoghurt Cake** with Fruit Slices

 **Shortbread** with Custard and Fruit Slices


 **Flapjack** with Fruit Slices




 **Chocolate Brownie** and Chopped Apricots

 **Vanilla Ice Cream** with Fruit Slices

PACKED LUNCH...
Ham or Cheese Sandwich or Baguette or Daily Special Wrap with Veg Sticks and Fresh Fruit or Dessert of the Day

WEEKS COMMENCING;
02/11, 29/11, 14/12,
18/01, 08/02, 08/03, 29/03

Look out for these symbols for our super healthy dishes:  Vegetarian

 Fruity!  Wholegrain  Oily fish

Allergy? Speak to our kitchen for help

