

WEEK 1 MENU

W/C: 09/05 30/05 20/06 11/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Chinese Veggie Noodles 🌱 ♻️ Fragrant egg noodles with stir fried vegetables	Macaroni Cheese ♻️ Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Chocolate Ice Cream with Fresh Cut Fruit Slices 🍏
TUESDAY	Allegra's Proper Chicken Pie with Mashed Potato Chicken and leek shortcrust pie	Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato ♻️ Cheesy broccoli and cauliflower with a shortcrust topping	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ with salmon mayonnaise 🐟	Secret Brownie with Fresh Cut Fruit Slices 🍏
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy ♻️ Delicious Quorn roast with fluffy roasties and tasty gravy	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Shortbread Biscuit with Fresh Cut Fruit Slices 🍏
THURSDAY	Beef Bolognese 🍷 🍷 A classic Italian beef bolognese in a yummy tomato sauce	Chinese Veggie Rice ♻️	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Banana & Apricot Flapjack with Fruit Slices 🍏
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips ♻️ Crispy Quorn nuggets with their fave sauce - ketchup	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes 🍷 ♻️ A choice of hot and cold fillings	Orange, Sultana and Carrot Slice with Fresh Cut Fruit Slices 🍏

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

♻️ Vegetarian 🐟 Oily fish 🌱 Wholegrain
 🍏 Fruity! 🍷 Nutritionist's Choice

WEEK 2 MENU

W/C: 25/04 16/05 06/06 27/06
18/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Bolognese ♻️ 🌱 🍷 Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza ♻️ 🌱 🍷 Cheesy tomato topped pizza slice	Tomato Pasta ♻️ 🌱 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 🌱 A choice of hot and cold fillings	Flapjack with Fresh Cut Fruit Slices 🍏 🍓
TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Allegra's BBQ Beans with Allegra's Cornbread 🍷 🌱 Tasty BBQ beans served with cornbread	Tomato Pasta ♻️ 🌱 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Packed Lunch See below for details	Jacket Potatoes 🍷 🌱 A choice of hot and cold fillings	Orange Shortbread with Fruit Slices 🍏
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy 🍷 Creamy vegetable pie with a cheesy shortcrust topper	Tomato Pasta ♻️ 🌱 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Packed Lunch See below for details	Jacket Potatoes 🍷 🌱 A choice of hot and cold fillings	Crunchy Chocolate Biscuit with Fresh Cut Fruit Slices 🍏
THURSDAY	Cottage Pie 🍷 Home cooked minced beef with a crispy potato topping	Mild Chickpea and Potato Curry with Rice ♻️ 🌱 🍷 🍷 Tasty chickpea and potato curry served with rice	Tomato Pasta ♻️ 🌱 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🍷 🌱 A choice of hot and cold fillings	Fruity Chocolate Brownie with Fresh Cut Fruit Slices 🍏
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Dippers with Chips ♻️ Crispy Quorn dippers with their fave sauce - ketchup	Tomato Pasta ♻️ 🌱 🍷 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes 🍷 🌱 A choice of hot and cold fillings	Vanilla Ice Cream with Fresh Cut Fruit Slices 🍏

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY







































WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

♻️ Vegetarian 🐟 Oily fish 🌱 Wholegrain
 🍏 Fruity! 🍷 Nutritionist's Choice

WEEK 3 MENU

W/C: 02/05 23/05 13/06 04/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p>Macaroni Cheese </p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p>Vegetarian Sausage with Mashed Potato and Gravy  </p> <p>Veggie sausage and mash with rich gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Carrots</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Oaty Biscuit with Fresh Cut Fruit Slices  </p>
TUESDAY	<p>Sweet and Sour Chicken with Rice  </p> <p>Tasty chicken in a sweet and sour sauce with a rice side</p>	<p>Macaroni Cheese </p> <p>Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Sweetcorn and Broccoli</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Apple and Carrot Yoghurt Muffin </p>
WEDNESDAY	<p>Tender Roast Gammon with Roast Potatoes & Gravy</p> <p>Tender roast gammon with fluffy roasties and tasty gravy</p>	<p>Quorn Roast with Roast Potatoes and Gravy </p> <p>Delicious Quorn roast with fluffy roasties and tasty gravy</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Carrots and Cabbage</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Strawberry Ice Cream with Fresh Cut Fruit Slices </p>
THURSDAY	<p>Beef Meatballs in Tomato Sauce with Pasta </p> <p>Delicious beef meatballs in a tasty tomato sauce with pasta</p>	<p>Veggie Lasagne served with a Bread Wedge  </p> <p>Delicious sheets of pasta layered with veggies and tomato sauce</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Chocolate Sponge Cake with Fresh Cut Fruit Slices </p>
FRIDAY	<p>Golden Fish Fingers and Chips</p> <p>Crispy fish fingers with scrummy chips</p>	<p>Veggie Soft Taco and Chips  </p> <p>A soft taco shell filled with a yummy veggie tomato chilli</p>	<p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Baked Beans, Carrots and Peas</p>	<p>Packed Lunch</p> <p>See below for details</p>	<p>Jacket Potatoes  </p> <p>A choice of hot and cold fillings</p>	<p>Banana and Apricot Flapjack with Fresh Cut Fruit Slices </p>

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