



# **The Valley Primary School Class 2 PSE Curriculum 2023-2024.**

## Autumn Term

### Me and My Relationships (Autumn 1)

#### Learning Objectives:

- \*To demonstrate strategies for working on a collaborative task.
- \*To explain what we mean by a 'positive, healthy relationship.'
- \*To recognise that there are times when they might need to say 'no' to a friend.
- \*To describe 'good' and 'not so good' feelings and how feelings can affect our physical state.
- \*To identify a wide range of feelings.
- \* To give examples of strategies to respond to being bullied, including what people can do and say;

**Key Vocabulary** – teamwork, qualities, collaboration, cooperation, respect, teamwork, decision making, negotiating, relationships, admire, positive, healthy, relationship, assertive, strategies, intensity, positive, state, bullying, unacceptable, risky.

### Valuing Difference (Autumn 2)

#### Learning Objectives:

- \*To define the terms 'negotiation' and 'compromise'.
- \*To list some of the ways that people are different to each other (including differences of race, gender, religion).
- \*To list some of the ways in which people are different to each other (including ethnicity, gender, religious beliefs, customs and festivals);
- \*To understand and identify stereotypes, including those promoted in the media.
- \*To recognise that they have different types of relationships with people they know (e.g. close family, wider family, friends, acquaintances).
- \*To understand that they have the right to protect their personal body space.

**Key Vocabulary** – negotiate, compromise, conflict, consequences, aggressive, behaviour, potential, respect, differences, media, stereotypes, friends, acquaintances, relationships, influence, non-verbal, uncomfortable, signals.

## Spring Term

### Keeping Safe (Spring 1)

#### Learning Objectives:

- \*To define the terms 'danger', 'risk' and 'hazard' and explain the difference between them.
- \*To identify from given scenarios which are dares and which are not.
- \*To describe stages of identifying and managing risk.
- \*To understand that we can be influenced both positively and negatively.
- \*To know and explain strategies for safe online sharing.
- \*To understand that medicines are drugs and explain safety issues for medicine use.

**Key Vocabulary** – danger, risk, hazardous, managing risk, dare, scenario, positive, negative, influence, unacceptable, unhealthy, implications, sharing, online, safe, unsafe.

	<p><b>Rights and Respect (Spring 2)</b>  <b>Learning Objectives:</b>          *To explain how different people in the school and local community help them stay healthy and safe.          *To understand that humans have rights and also responsibilities.          * To suggest and engage with ways that they can contribute to the decision-making process in school.          *To recognise that reports in the media can influence the way they think about a topic.          *To explain the role of the bystander and how it can influence bullying or other anti-social behaviour;          *To explain what is meant by the terms 'income tax', 'National Insurance' and 'VAT';</p> <p><b>Key vocabulary</b> – healthy, responsible, healthy, safe, unhealthy, human rights, responsibilities, democratic, influence, respectful, bystander, anti-social behaviour, deductions, National Insurance, VAT, essential, public, private.</p>
<p><b>Summer Term</b></p>	<p><b>Being my Best (Summer 1)</b>  <b>Learning Objectives:</b>          *To identify ways in which everyone is unique.          *To give examples of choices they make for themselves and choices others make for them.          *To plan a menu which gives a healthy balanced of foods from across the food groups on the Eatwell Guide.          *To suggest ways the Seven Rs recycling methods can be applied to different scenarios.          *To suggest ways in which different people support the school community.</p> <p><b>Key vocabulary</b> – unique, attributes, community, choice, healthy, unhealthy, recycling, reuse, reduce, support, Eatwell guide, energy, environment.</p> <p><b>Growing and Changing (Summer 2)</b>  <b>Learning Objectives:</b>          *To describe some of the changes that happen to people during their lives.          *To suggest reasons why young people sometimes fall out with their parents.          *To identify parts of the body that males and females have in common and those that are different.          *To recognise that babies come from the joining of an egg and sperm.          *To define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret.          *To recognise that marriage includes same sex and opposite sex partners.</p> <p><b>Key vocabulary</b> – change, manage, Learning Line, positive, negative, feelings, compromise, genitalia, sperm, egg, periods, puberty, secret, surprise, unsafe, safe, uncomfortable, comfortable, marriage, same sex, legal, civil ceremony.</p>

